

REBUILDING LIFE AFTER SPINAL CORD INJURY Karnataka Rajya Bennuhuri Apagatada Angavikalara Sanga ®



Annual Report 2020-21



Karnataka Rajya Bennuhuri Apagatada Angavikalara Sanga (KRBAAS) is a non-profit organization established in 2008 by people affected with Spinal Cord injury. Primary focus of KRBAAS is to support person affected with spinal cord injury. It is one of the four organizations in Karnataka that works in the area of spinal cord injury. KRBAAS has the expertise and experience in providing inhouse rehabilitation using specially designed equipment. KRBAAS is located in Magadi, Ramanagara district and is currently working in 5 districts of Karnataka – Ramanagara, Mandya, Mysuru, Hassan, Tumkur and Chikkaballapura.

MISSION:

Empowering PWSCI (People With Spinal Cord Injury) to live life to their fullest potential through timely medical intervention and rehabilitation support as well as advocating their rights.

VISION:

To help PWSCI's (People With Spinal Cord Injury) to lead a HEALTHY, DIGNIFIED and INDEPENDENT life in Karnataka.

Values of the Organization:

- Transparency
- Mutual Respect
- No Compromise in Quality
- Collaboration and Networking

In order to support the persons with spinal cord injury (PWSCI) KRBAAS does the following intervention at two levels:

- 1. **Social Rehabilitation Centre (SRC-Institution)**: Established in the year 2012, a total of 234 beneficiaries were provided with the following services.
- 2. **Community based Rehabilitation Centre (CBR)**: Initiated in the year 2010, a total of 1150 beneficiaries have been reached under this program. Major activities carried out are:

In the Community Based Rehabilitation we focused on Leadership Training for Active SCI Persons in Ramanagar, Mysore, Hassan, Tumkur & Chikkaballapura Districts.



Activities Details:

1. New Persons Identification and assessment:

In 2019-2020 year are identified total 91 Persons with Spinal cord Injuries in community Level most of the persons were identified by our field workers within our working geography through the Home visits and Hospital Visits. Once we identified the persons then we take second step its Assessment it's based on ASIA (American Spinal Cord Injury Association) Assessment form with basic needs of the Persons. And also, all 91 are undergone the Assessment.

2. Follow up and Membership:

After the Identification and Assessment than KRBAAS started Follow up with these persons. In this year total 303 PWSCI's are comes under follow up support, majorly follow ups done through Community Based Rehabilitation Program with Home Visits and Hospital Visits. In Community based Rehabilitation KRBAAS gave information about Social security schemes, bed sore management skill, 3% Grama Panchayath fund utilization. Etc. before we gave service to persons, we offer to get membership of Association.

3. Capacity Building Program/ Awareness training:

Capacity Building Training programs / training are nothing but Awareness trainings. This training includes various stake holders in Community level. E.g.- MRW's, VRW's, ICDS workers, ASHA workers, PWSCI's, Care givers and other NGO staff. In trainings we gave information about what is the Spinal cord injury? what are all the cause for spinal cord injury, Levels of spinal cord injury, what are all the primary and secondary problems, mobility and aids management, balder and bowel maintenance, Social security scheme for PWSCIs, bed sore management skills and also gave information about Social Rehabilitation Center.

In 2020-21 total 387 different stakeholders covered under capacity building trainin



Photos:







4. Mobility Aids Support:

Mobility Aids is the Major Aspect to improve the situation of the Persons with Spinal Cord Injuries, KRBAAS ensured Mobility Aids to PWSCI's in Institutional level and Community level. In this Mobility Aids mainly KAFO, AFO, Wheel Chair, Walker and Elbow crutches.

In this total 25 Mobility Aids Distributed by KRBAAS.

5. Medical kit distribution:

KRBAAS works in Community level with the objective of Medical Intervention and Social Intervention; in Medical intervention KRBAAS distributed the Medical kits in Community through our field workers. In this year total 26 Medical Kits Distributed by KRBAAS





6. <u>CADIC camps(Community Aided Disabled intervention camp)</u>

(Medical Intervention Camp)

CADIC camps were done in the various places of our Geography like- Mandya, Mysore, Hassan and Ramanagara Dist. In these camps community was made aware of SCI, capacity of PWSCI's and Care



givers was built to Prevent secondary complications and enable the Management of PWSCI's. Social Services Security Schemes (SSS) available from the Govt. also we share.

In this 2020-21 year only 1 camp conducted by KRBAAS and covered 12 Beneficiaries and parents. Camps done by the Support/collaborated with some Local Organizations and Local Hospitals.

7. Social Rehabilitation Center Admissions & Services:

KRBAAS Supported Rehabilitation to 235+ PWSCI's in SRC with Regular therapy & recreational Games. In 2020-21 total 15 spinal cord injuries got services from SRC.

Major Services are:

- Assessment of the level (Based on ASIA)
- Assessment & ensure the Mobility Aids
- Regular Therapy
- Recreational Activates (Games)
- Counseling Support
- Gave information about Govt. Facilities& Their Rights to PWSCI's
- Doctor Consultation
- Medical Kit Distribution & self-employment Training

8. CBO Leaders Training:-

This Year we covered 5 Districts for SCBO program (Strengthening Community Based organization) – Ramanagar, Mysore, Hassan, Tumkur & Chikkaballapura. In this Area we identified the 72 active SCI persons and trained them for Active Members.

Concept of Training- KRBAAS CBO Program Concept, Advocacy works, and how KRBAAS will help them...etc concepts were discussed.

PHOTOS:-











9. Ration Kit Distribution:-

During the first wave of Covid-19 lockdown KRBAAS collaborated with Some Ngo's to distribute the Dry Ration Kit for our SCI Beneficiaries. Total this year 350 Kits are distributed.













10. Livelihood Training :-

KRBAAS Jointly organized 2 livelihood Trainings for SCI beneficiaries in Magadi & Shidlagatta Taluk, In this Training 30 persons with Spinal cord injuries are participated and got Training about Bulb making & Poultry & Sheep Raring.









MAJOR ACTIVITY PHOTOS















Press Media coverage



ಸಂಕಷ್ಟಕ್ಕೆ ತುತ್ತಾದವರಿಗೆ ಸಂಪೂರ್ಣ ಸಹಕಾರ

ದಲ್ಲಿ ಸಂಕಷ್ಟಕೊಳ್ಳಗಾದವರಿಗಾಗಿ ನಮ್ಮ ಆಸ್ಪತ್ರೆಯಿಂದ ಎಲ್ಲಾ ರೀತಿಯ ಸಹಕಾರ ನೀಡಲು ಸಿದ್ದವಿರುವುದಾಗಿ ಸಾರ್ವಜನಿಕ ಆಸ್ಪತ್ರೆಯ ಆರೋಗ್ಯಾಧಿಕಾರಿ ಡಾ॥ ವಿಜಯನರಸಿಂಹ ತಮ್ಮ ಅಭಿಪ್ರಾಯ ವ್ಯಕ್ತಪಡಿಸಿದರು ಅವರು ನಗರದ ಸಾರ್ವಜನಿಕ ಆಸ್ಪತ್ರೆಯ ಸಭಾಂಗಣದಲ್ಲಿ ಆಯೋಜನೆ ಮಾಡಲಾಗದ್ದ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಬೆನ್ನುಹುರಿ ಅಪಘಾತದ ಅಮಗವಿಕಲರ ಸಂಘ ಹಾಗೂ ಶ್ರೀ ರಮಣ ಸಂಘ ಸಂಸ್ಥೆಗಳು ಹಲವಾರು ಮಹರ್ಷಿ ಅಂಧರ ಪರಿಷತ್ತು, ರೀತಿಯ ಉಪಯೋಗಗಳನ್ನು ಸಮುದಾಯ ಸಿ.ಬಿ.ಆರ್. ನೀಡುತ್ತಿರುವುದು ಆರೋಗ್ಯಕರ ಎರಡು ದಿನಗಳ ಉಡಂ ಚಾಕ್ಕ್ನಾ ತೆಳಿಸಿದ ಅವರು ಸಮುದಾಬು ಬಂಲು ರಸ್ತಿತ್ರಲು ನೃಟ್ಟ ಶಿಬಿರವನ್ನು ಜ್ಯೋತಿ ಬೆಳಿಗಿಸಿ ಸಿ.ಬಿ.ಆರ್.ಜಿಲ್ಲಾ ಸಂಯೋಜ– ಡಾ! ಕೆ.ಪಿ.ಶೈಂಜಾ, ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿದರು. ಕ ಸಿದ್ವೇಗೌಡರವರ ಡಾ!ಮನಿಕ್.ಸಮುದಾಯ ಜಿಲ್ಲಾ ಬೆನ್ನುಮರಿ ಅಪಘಾತದ ಸೇವೆಯನ್ನು ಎಷ್ಟು ಶ್ಲಾಘನೆ ಸಂಯೋಜಕ ಸಿದ್ದೇಗೌಡ ಹಾಗೂ ವಿಕಲಚೇನರಿಗೆ ಸರ್ಕಾರ ಹಾಗೂ ಮಾಡಿದರು ಸಾಲದು ಎಂದು ಹಲವಾರು ಮಂದಿ ಹಾಜರಿದ್ದರು.



30ಕ್ಕೂ ಹೆಚ್ಚು ಮಂದಿ ನುರಿತ ಸಮದಾಯ ಸಿ.ಪಿ.ಆರ್. ನೀಡುತ್ತಿರುವುದು ಆರೋಗ್ಯಕ್ಕಾರ 30ರಣ್ಯ ಹಿಚ್ಚ ಮುಂಬ ಒಂ-ಯೇಜನೆ ಹಾಗೂ ಸಾರ್ವಜನಿಕ ಬೆಳವಣಿಗೆಯಾಗಿದ್ದು, ನಮ್ಮ ವೈದ್ಯಂದ ಹಲವಾರು ರೀತಿಯ ಆಸ್ಪತ್ರೆ ಚಿನ್ನಪಟ್ಟಣ ಇವರ ಸಾರ್ವಜನಿಕ ಆಸ್ಪತ್ರೆ ಸದಾ ಸಲಹೆಗಳನ್ನು ನೀಡಲಾಯಿತು, ಸಂಯುಕ್ತಾಶ್ರಯದ ತಾಲ್ಲೂಕಿನ ಇವರ ಯಾವುದೇ ರೀತಿಯ ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸಮಾಜ ಬೆನ್ನುಮರಿ ಅಪಘಾತ ವೈಕ್ಷೆಗಳಿಗೆ ಸೇವೆಗೆ ಬದ್ದರಾಗಿರುವುದಾಗಿನ ಸೇವಕ ಸಿ.ಪೆ.ಸುರೇಶ್ ಕುಮಾರ್, ಎರಡು ದಿನಗಳ ಉಚಿತ ಚಿಕಿತ್ತಾ ತಿಳಿಸಿದ ಅವರು ಸಮುದಾಯ ಬಾಲು ಆಸ್ಪತ್ರೆಯ ವೈದ್ಯೆ

Achievement Table

SI. No	Activities	Achievement
01	New Identification	91
02	Follow Up in CBR	303
03	Sensitization Program	387
04	Ration Kit Distribution	350
05	Mobility Aids Support	26
06	SRC Services	15
07	Medical intervention Support	12
08	Leadership Training	72 Members
09	Livelihood Training	2(30)
10	AGM	1(41)



Staff Details:

SI. No	NAME	DESIGNATION
01	Nagendra Kumar B N	Director
02	Praveen G	Program Manager - CBO
03	Nagaveni. C	Accountant and Admin
04	Veena	Accountant and Admin
05	Jyothi	Admin- Bangalore Office
06	Mariyappa	Sr. Therapist
07	Vijay Kumar AM	Therapist
08	Willson Raj	Therapist
09	Manjula B N	Field worker- Ramanagar
10	Gangadhar	Field worker- Chikkabalapur
11	Radhamani	Field worker- Tumkur
12	Siddaruda	Field worker-Mysore
13	Shubash	Field worker- Hassan
14	Reshma	Cook & sweeper

Executive Committee:

Sl. No	NAME	DESIGNATION
01	Seetharam T	President
02	Lalitha H B	Vice- President
03	BN Nagendra Kumar	General Secretary
04	Chandrashekar	Director
05	Srivani	Director
06	Vinayaka Rao K	Director
07	Bhaskersharma	Director
08	Shivsundar	Tresurer
09	Narasimhamurthy B C	State Convener

Heartfelt thanks-

Azim Preamji Philanthropic Initiatives (APPI)
The Association of People with Disability (APD). Bangalore
Dhwani Foundation. Bangalore
MCKSFFH Karnataka
Samarthnam Trust, Bangalore
Individual Donors and Well Wishers.
Media Colleagues.

******END*****